



Application Pack  
for  
St Anne's Buddies



Tuesday 6<sup>th</sup> September 2016

Welcome back the new Year 5!

I need your help! We want everyone in our school to feel happy and safe right from day one and we want to keep St Anne's a bully free zone but I know that this will take lots of hard work and it will mean us all working together. This is where you might come in!

I need pupils in year 5 who will be trained as 'Buddies' – (this is a separate role to the year 6/Reception Buddies). Your responsibilities will include supporting staff on gate duty on a morning – to take younger children round who might be a bit upset or shy as well as a playtime duty to keep an eye on the Bud stop and come alongside children who may be on their own, upset or just struggling with friends.

Sometimes at play times children can fall out with each other and are not sure what to do, or they can just feel a bit sad and need to talk to someone. If this happens then the idea is that they can go and sit on the Bud Stop and you, one of our trained 'Buddies' will go over to them and have a chat and make sure everything is ok.

Not everyone might want to do this (that's fine) – not everyone will be able to do it (that's also fine, we are all good at different things!) I am looking for people who are good at caring for others, good listeners and happy to take on some training and responsibility to do the job. You will need to be committed to be on duty probably at least one day a week. If you think you are up for the challenge then fill in an application form and hand it into me by Friday 9<sup>th</sup> September.

Good Luck and thank you!

Mrs Simpson



*Application from to be a Playground Buddy at St Anne's*

Name:

*What skills and qualities do you think you will need to be a good playground buddy?*

*Do you think there will be anything hard about being a Playground Buddy?*

*What do you think the best thing will be about being a playground Buddy?*

*Why will you make a good playground Buddy?*

*Before you hand your completed application in to Mrs Simpson you will need to approach a teacher in school to write you a reference recommending you for the role.*

*Recommendation from:*

*I will then ask the teacher to fill in a reference form for you.*

**CLOSING DATE FOR COMPLETED APPLICATIONS IS**

**Friday 9<sup>th</sup> September 2016**



*Buddies need to look after themselves:*

***Remember...***

*If someone tells you something that has really upset them you probably need to tell a teacher - do not keep it to yourself!*

*Always pass on the information to one of the teachers who will then decide how it is to be dealt with.*

*Children should know that nothing can be kept confidential if they tell you - they are reporting the incident if they tell you. However, please ensure that you don't talk about what has been said to your friends... it is confidential from them. You may want to chat over something that has been said if it makes you feel uncomfortable, but please ensure that it is with a member of staff.*

*Thanks for all your hard work.*

---

Training Pack  
for  
St Anne's Buddies



# Contents:

- *What's it all about? Explaining confidentiality and the boundaries of the role.*
  - *Drawing sheet – Friendship is...*
- *What makes a good friend/bad friend – drawing sheets*
- *Top tips for making friends*
- *Tackling shyness*
- *What about bullying? What is it – the importance of recognising the difference between friends falling out and bullying.*
- *What it will mean to be on playground duty!*

# What is Bullying?

DFES guidance defines bullying as actions that are meant to be hurtful, and which happen on a regular basis. Bullying can be direct (either physical or verbal) or indirect (e.g. being ignored or not spoken to).



Bullying is the use of aggression with the intention of hurting another person. Bullying results in pain and distress to the victim.

Bullying can be:

- Emotional being unfriendly, excluding, tormenting (e.g. hiding books, threatening gestures)
- Physical pushing, kicking, hitting, punching or any use of violence
- Racist racial taunts, graffiti, gestures
- Sexual unwanted physical contact or sexually abusive comments
- Homophobic because of, or focussing on the issue of sexuality
- Verbal name-calling, sarcasm, spreading rumours, teasing
- Cyber All areas of internet, such as email & internet chat room misuse. Mobile threats by text messaging & calls. Misuse of associated technology, i.e. camera & video facilities





# What You Say in Here, Stays in Here

## Exceptions:

- Someone is hurting you
- You want to hurt someone
- You want to hurt yourself

